

Class 7 - Arts

Kriti

How You Feel

CBSE NOTES

How You Feel - Practice Worksheet

Strengthen your foundation with key concepts and basic applications.



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Solve the following questions. Write your answers in the space provided.

1. Define facial expressions and explain their importance in conveying emotions.

Hint: Consider the impact of expressions in your daily interactions.

2. Explain the concept of proportions in the human face and its significance in art.

Hint: Reflect on how learning proportions can improve your sketches.



Solve the following questions. Write your answers in the space provided.

3. Discuss the role of stereotypes in art and how artists can challenge these notions through their work.

Hint: Think about recent artworks that break traditional stereotypes.

4. Describe the process of creating a clay relief sculpture and the importance of texture in this medium.

Hint: Consider how different textures affect the viewer's perception.



Solve the following questions. Write your answers in the space provided.

5. Analyze the significance of the 'Descent of Ganga' sculpture in highlighting cultural narratives and expressions.

Hint: Think about a personal connection you have with any cultural artworks.

6. What are navarasa and how do they relate to the expression of emotions in performing arts?

Hint: Consider how different emotions feel to express or observe in performance.



Solve the following questions. Write your answers in the space provided.

7. Explore how technology impacts the representation of facial expressions in modern art.

Hint: Think about how social media influences the way we perceive expressions in art.

8. Describe how observing physical expressions can help improve interpersonal communication.

Hint: Consider situations where you've misunderstood someone's feelings.



Solve the following questions. Write your answers in the space provided.

9. Discuss how different cultures might depict emotions through facial expressions and body language.

Hint: Think about cultural influences in the artworks around you.



Check your answers with the solutions below.

1. Define facial expressions and explain their importance in conveying emotions.

Solution: Facial expressions are the visual display of emotions through the movements of facial muscles. They play a critical role in communication, allowing individuals to express feelings such as happiness, sadness, anger, and surprise without uttering a word. For example, a smile can indicate joy, while a frown may signify discontent. In art, capturing these expressions accurately can enhance the emotional depth of a character. Sculptors and painters often focus on these expressions to create relatable and dynamic works. Observing and understanding facial expressions can improve one's ability to empathize and connect with others.

2. Explain the concept of proportions in the human face and its significance in art.

Solution: Proportions refer to the relative dimensions of different parts of the face. In art, achieving accurate proportions is essential for creating realistic representations of subjects. For instance, it is generally observed that the space between the eyes is approximately equal to the width of one eye. Additionally, the length of the ears often reaches from the eyebrows to the tip of the nose. Understanding these proportions helps artists to depict faces more accurately and ensure that their artworks are aesthetically pleasing. Incorporating correct proportions not only enhances realism but also helps convey emotions effectively.

3. Discuss the role of stereotypes in art and how artists can challenge these notions through their work.

Solution: Stereotypes are oversimplified generalizations that are not true for all individuals. In art, these can influence how body types and facial expressions are represented, often promoting untrue ideals of beauty or behavior. Artists can challenge stereotypes by including diverse figures that represent various body types and expressions, reflecting reality more accurately. For example, a piece that showcases a range of body shapes can combat the idea that only one type is desirable. By doing so, artists raise awareness about diversity and promote body positivity, encouraging viewers to embrace their unique identities.



Check your answers with the solutions below.

4. Describe the process of creating a clay relief sculpture and the importance of texture in this medium.

Solution: Creating a clay relief involves several steps, beginning with preparing the clay to achieve the right consistency for sculpting. Artists can use tools to add texture and detail to the relief, which enhances the visual interest and realism of the artwork. For instance, using a pointed tool can create fine lines, while a smooth tool can give a polished finish. After shaping the clay into a desired form, it must dry properly to avoid cracking. The texture plays a significant role in conveying emotions; rough textures may indicate chaos or distress, while smooth surfaces can suggest calmness and serenity. Thus, the texture adds a layer of meaning to the artwork.

5. Analyze the significance of the 'Descent of Ganga' sculpture in highlighting cultural narratives and expressions.

Solution: The 'Descent of Ganga' is a prominent sculpture that encapsulates rich cultural narratives from Indian mythology. This artwork not only depicts the divine descent of the river Ganges but also represents various human emotions and interactions through its characters. Each figure conveys different stories, showcasing feelings such as joy, reverence, and struggle, which are integral to cultural identity. This sculpture thus serves as a historical document that illustrates how art can narrate complex stories and emotions, allowing viewers to connect with the past. Understanding such works helps appreciate the cultural significance and emotional depth present in historical art.

6. What are navarasa and how do they relate to the expression of emotions in performing arts?

Solution: Navarasa, meaning 'nine emotions' in Sanskrit, refers to the nine primary emotions depicted in Indian classical arts, including joy, sorrow, anger, and fear. These emotions are essential in theatre and dance, providing performers with a framework to express complex feelings through body language and facial expressions. Each rasa is portrayed through specific gestures, postures, and expressions that audiences can recognize. For instance, 'Sringar' represents love and beauty, with artists often using soft, graceful movements. Understanding navarasa encourages artists to convey deeper meaning and engage audiences emotionally, connecting cultural heritage with the performance.



Check your answers with the solutions below.

7. Explore how technology impacts the representation of facial expressions in modern art.

Solution: Technology greatly influences the representation of facial expressions in modern art. Digital tools allow artists to create hyper-realistic portrayals of faces by manipulating images to enhance or alter expressions. Additionally, software and applications enable artists to experiment with various styles and techniques that may not be feasible with traditional mediums. This adaptability pushes the boundaries of artistic expression and can convey emotions in innovative ways. Moreover, technology facilitates wider dissemination of art, allowing artists to reach broader audiences and provoke discussions about emotional representation in contemporary society.

8. Describe how observing physical expressions can help improve interpersonal communication.

Solution: Observing physical expressions is crucial for enhancing interpersonal communication as it allows individuals to interpret emotional cues effectively. By paying attention to body language and facial expressions, one can gain insights into the feelings of others, even when words are not spoken. For example, a frown might indicate disagreement, while a smile suggests openness. Awareness of these cues can foster empathy and improve relationships by enabling more meaningful interactions. Practicing this skill can help in various contexts, such as negotiations, presentations, or casual conversations, leading to better understanding and connection among people.

9. Discuss how different cultures might depict emotions through facial expressions and body language.

Solution: Different cultures may express emotions uniquely through facial expressions and body language, reflecting their distinct values and traditions. For instance, while a smile is generally considered a sign of happiness across many cultures, some societies may view direct eye contact as confrontational, whereas others see it as a sign of honesty. Similarly, gestures such as handshakes or bows have varying meanings in different cultures. Understanding these nuances is vital for effective cross-cultural communication, as misinterpretations can lead to misunderstandings. Artists who recognize these differences can create works that resonate universally or challenge cultural stereotypes.



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