

Class 9 - Physical Education and Well Being

Khel Praveen

Disability Etiquettes: Respecting Everyone with Dignity

CBSE NOTES

Disability Etiquettes: Respecting Everyone with Dignity - Revision Guide

Revise faster with structured summaries, key points, and important ideas.



Personal AI Tutor for CBSE Classes 6-12 & NCERT Help

edzy is a personal AI tutor for CBSE and State Board students, with curriculum-aligned guidance, practice, revision, and study plans that adapt to each learner.

1. Define Etiquette.

Etiquette refers to the code of polite behavior in society. It encompasses respect and consideration for others.

2. Importance of Disability Etiquette.

Disability etiquette promotes respect and inclusion, emphasizing that individuals should be valued for their abilities, not just their disabilities.

3. Core Principle: Respect.

Treat everyone with dignity, valuing their individuality and experiences. Respect fosters equal opportunities.

4. Core Principle: Inclusion.

Do not judge capabilities based on appearance. Inclusion means allowing everyone an equal chance to participate.

5. Ask Before Helping.

Always ask individuals if they need help before assuming assistance is needed, respecting their independence.



6. Use First-Person Language.

Refer to individuals as 'persons with disabilities.' This puts the person before the disability, celebrating their identity.

7. Avoid Staring and Jokes.

Respect personal boundaries by not making jokes or pointing out disabilities, fostering a comfortable environment.

8. Interacting with Wheelchair Users.

Do not push wheelchairs without permission. Always speak directly to the person in the wheelchair to promote respect.

9. Guiding Individuals with Visual Impairments.

Identify yourself upon approach, offering your arm for guidance rather than grabbing them unexpectedly.

10. Communicating with Hearing-Impaired Individuals.

Engage directly by speaking clearly and using gestures to aid understanding. Don't shout, as it can be disrespectful.



11. Patience with Speech Difficulties.

Be patient and avoid finishing sentences for those with speech challenges. Allow them to express themselves fully.

12. Use Clear Language for Cognitive Disabilities.

When speaking to individuals with cognitive challenges, use simple language and offer additional time for responses.

13. Respect Invisible Disabilities.

Do not question the legitimacy of disabilities that are not visible. Respect individual needs for accommodations.

14. Dos of Disability Etiquette.

Examples include using respectful language, speaking directly to the individual, and offering assistance only when asked.

15. Don'ts of Disability Etiquette.

Avoid using derogatory language, making assumptions about abilities, or ignoring personal space.



16. Overview of the STEP Model.

The STEP Model focuses on Space, Task, Equipment, and People to create inclusive environments for everyone.

17. SPACE in STEP: Definition.

Refers to modifying the physical environment for easy accessibility, such as ensuring pathways are clear.

18. TASK in STEP: Definition.

Involves modifying how a task is performed, such as simplifying rules or allowing extra time.

19. EQUIPMENT in STEP: Definition.

Adapt equipment to ensure inclusivity, such as using lighter or larger play items for visibility and handling.

20. PEOPLE in STEP: Definition.

Focuses on how individuals are grouped. Use balanced groups to foster support and teamwork among peers.



21. Benefits of STEP Model.

Promotes inclusion and empathy, allowing all students to learn and grow together while ensuring safety.



Study smart, not hard - with Edzy!

For Students

- Practice past papers to get exam-ready
- Study with a timer to stay focused
- Revise regularly to build long-term memory

For Teachers

- Use Edzy to share quizzes instantly with students
- Save time with ready-made teaching aids
- Simplify test prep with structured resources

Before You Sleep:

Quickly review important notes - it helps memory consolidation.

Download Edzy App

Discover why we're called India's largest learning platform.



Personal AI Tutor for CBSE Classes 6-12 & NCERT Help

edzy is a personal AI tutor for CBSE and State Board students, with curriculum-aligned guidance, practice, revision, and study plans that adapt to each learner.